

Samrakshana

ANNUAL REPORT

2012

COUNSELING DOCUMENTATION RESEARCH STRESS MANAGEMENT
RESEARCH CHILDREN CRASH PROGRAM RESEARCH LIFE SKILLS
STRESS MANAGEMENT CAREER EXHIBITIONS CAREER EXHIBITIONS SCHOOL CIVIC PROGRAMS
SKILL BUILDING 😊 COUNSELING 😊 CHILDREN SKILL CLUB
CAREER EXHIBITIONS CAREER EXHIBITIONS SCHOOL CIVIC PROGRAMS CHILDREN CRASH PROGRAM
SCHOOL CIVIC PROGRAMS 😱 COMMUNITY INTERVENTION PROGRAMS
MODULE DEVELOPMENT COUNSELING
LIFE SKILLS 😡 RESEARCH



Govt boys' home - Life Skill Training



Personality Development Training - Special address by the Commissioner, ICDS



Documentation Training for NGOs



CMRL-JICA site visit



Quality Enhancement Training for school teachers



Competence Skill Building Training - school children



Samrakshana
greets you
for a
VERY PLEASANT
AND
HAPPY 2013

We Undertake

- Action Research
- Life Skills Training
- Competence skill building training for school children
- Personality Development Skill Training
- Quality Enhancement Training for school teachers
- Documentation Training
- Documentation Services
- Translation Services
- Training modules development
- Children Skill Clubs
- Civic and career exhibitions

I. Performance, 2012

Samrakshana has served this year primarily for CMRL, ICDS, SIAAP, Schools, CHES, TNSCB besides individual staff consultation to CMC, APSACS etc. For Chennai Metro Rail Project, we facilitate the services in resettlement and rehabilitation programs. In the year 2012, 16 PAF were shifted in Mannady and St. Thomas Mount sites. 283 students were trained at Jaigopal Garodia National Hr. Sec. School and Seshadri Schools and also in Government boys' home in Royapuram for Crash Program and Competence Skill Building trainings. Counseling services were provided to the students of Madras Christian College Mat. Hr. Sec. School upto June 2012.

A socio- economic survey was conducted with 75 single mothers in and around Chennai for the Ministry of Women and Child Development, Government of India to design appropriate strategies and polices for the single mothers in future through a local nodal agency. Quality enhancement training was provided for 140 teachers in Jai Gopal Garodia National Higher Secondary School.

Counselors in 30 Government and private hospitals were provided counseling supervision by Saksham GFTAM with sub sub recipient CMC, Vellore. A status and need assessment was taken up for APSACS for the civil societies supported by APSACS on HIV/AIDS intervention as individual consultants. Training modules for sexual minorities were documented in Tamil from English for SIAAP. Data entry and analysis of 452 households for slum dwellers by Tamilnadu Slum Clearance Board and a report was developed. The staff of YWCA and Vidhya Sagar were trained on the documentation skills in April 2012.

Personality Development Skill training was imparted to 344 District Project Officers (DPOs) and Community Development Officers (CDPOs) from various districts of Tamilnadu of Integrated Child Development service Centers (ICDS). Also refresher and job training reports of the instructors and CDPOs were consolidated and documented for ICDS. A module on personality development skills was developed and annual report for SAT was documented. Field guidance was given to 2 students from Dawaraka Doss Goverdhan Vaishnav College, Chennai. PPTCT program evaluation was conducted in 3 districts of Tamilnadu for Deepam Educational Society for Health (DESH), Chennai on individual capacity.

II. Challenges and course of action

The year 2012 has been a challenging in terms of mobilization of resources and augmenting demand for our services. There were new and potential organizations that have supported Samrakshana and they are

- * Commissionerate of ICDS, Govt. of Tamil Nadu
- * Tamil Nadu Slum Clearance Board
- * Community Health Education Society, Chennai
- * YWCA, Chennai
- * VIDYASAGAR, Chennai

We welcome these organizations into our clientele

Despite the new supporters, this year had witnessed paucity in our service requirements. There were many efforts through different strategies - summer campaign for skill development classes, approaches to new schools, submitting proposals to corporate firms, canvassing for individual agents for availing donations, appointing market and resource fund personnel – to promote our service needs. But, there were fewer and fewer response leading to poor turnover for the year and Samrakshana has been facing resource crunch. The staff has been co-operating the organization by way of agreeing for delayed payments for the work. Even our consultant trainers had accepted relatively lesser honorarium.

Mr. Amalraj and Mr. Sathyanarayanan have joined and left Samrakshana this year. Mr. David joined in May 2012.

There seemed to be a difficulty in removing the bottle neck in taking up our services to a wide targeted population due to financial constraints. Still, Samrakshana believes to publicize its services on one to one basis to a number of institutions. The lesson learnt is that one needs to continuously make efforts in appealing and approaching the desired population.

Therefore, the Trust has identified innovative programs like Children Skill Clubs and civic and self empowerment exhibitions at schools. The proposals are developed in this regard.

Despite these difficulties, there seemed to be light at the end of the tunnel with its beams streaking into the dark tunnel. Mr. Anand, Director from Chalice, Chennai, Mr. Thangavel, Zonal officer, from LIC and the director Shri. Balasubramaniam, Chennai Willingdon Corporate Foundation, have all applauded our services and had responded positively for our request of support.

Samrakshana wishes everyone a merry and happy seasons ahead in the year 2013. In the current year, it has plans to reinitiate the publication of Valan news letter for children and also another news letter for the public to support their improvement in their well being. The publications are expected by mid of June, 2013

There will also be regular programs on Crash course, LSE as well as school counseling. The adult oriented Personality development skill training will also be extended to general public based on the generation of demand for the same.

National Education Support Team (NEST)

Dear partners,

NEST project shall cover, in its first year meritorious children in 13 states across INDIA having less than 50% literacy rates (Census, 2001) Meritorious children regardless of their sex, caste, religion of 12 years or who are in 8 th standard studying in Indian village/ tribal school hailing from families of poorest economic conditions become eligible.

Building of National Characters

Besides support for their studies, these children will avail benefits of regular interactions and proximities through workshop and festive occasions so as to experience the spirit of diversity among them and at the same time feeling unity in their thoughts and deeds. These unique opportunities for ten continuous years do build in them national characters and make them live and work for India and feel India proud of them.

Project Sustainability

As responsible citizens, each of these supported families shall undertake growing 50 saplings in a year in their neighborhood and make their environment richer by 500 trees over a period of 10 years – the period through which the children are supported for their complete education. These children in turn, as grown up adults shall begin to contribute 4% of their annual income for the NEST for the subsequent 10 years. NEST shall thus become a sustainable program by its 12th year.

We solicit you as an Indian family proud of yourselves and our India to participate in this nation building project.

Please subscribe only Rs. 1500/ YEAR Each participant is required to contribute for a CONTINUOUS TEN YEARS. Kindly make your remittance through Cheque/DD in favor of *Samrakshana* payable at Chennai and send to

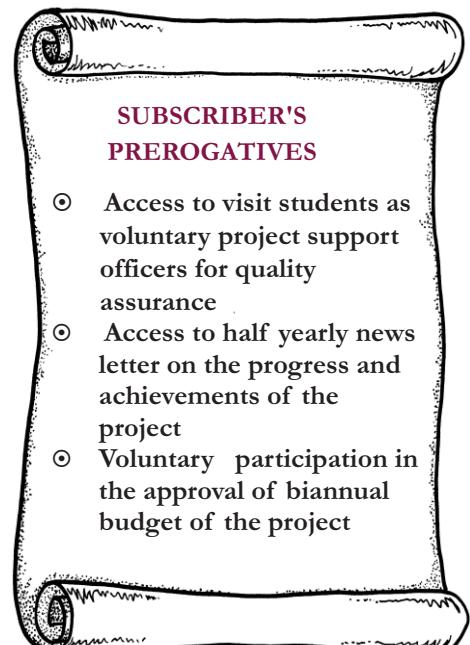
The Director, Operations, Viswas Flats, C4, First floor, First Street, Soundarya Nagar, Gowrivakkam, Chennai- 600 073, Tamilnadu

A Nadhamuninaidu

R W Angeline

B Ragupathy

Trustees



Our Reverence

We express our gratitude to our patrons and professionals who have been with us for years together. The primary among them are

Chennai Metro Rail Ltd

- ↳ Shri. Dr. Sudhir Krishnan IAS, the Chairman
- ↳ Shri. K. Rajaraman IAS, Managing Director
- ↳ Shri. N. K. Kumar IES, CGM (PF)
- ↳ Shri. K. Bala Subramaniam, DRO
- ↳ Shri. Chandara Sekar, Estate Officer and team

Tamilnadu Slum Clearance Board

- ↳ Shri. Chandra Sekar IAS, Managing Director
- ↳ Dr. R. Bhuvana, CCDO
- ↳ Mrs. Kanagathara, CCDO
- ↳ Mr. Rajendaran, CDO and team

Integrated Child Development Services Scheme

- ↳ Tmt. Meenakshi Rajagopal IAS, Principal Secretary/ Special Commissioner
- ↳ Ms. S. Suriya Kala, Deputy Director, Training and training faculty

Christian Medical College, Vellore

- ↳ Dr. Santosh Clement, Capacity Building Officer, Department of Psychiatry
- ↳ Mr. Paranjyothi Sahu

South India AIDS Action Program

- ↳ Dr. Shyamala Natraj
- ↳ Dr. Indumathi

APSACS

- ↳ Shri. C. Parthasarathi IAS, Project Director
- ↳ Shri. T. Kailash Ditya, JD
- ↳ Shri. Y. Durga Prakash, AD

Schools

- ↳ Mr. K. Narayan Rao, Secretary, Jaigopal Garodia National Hr. Sec. School
- ↳ Mr. P. Pappu Raj, Correspondent, Sri Seshadri Mat. Hr. Sec. School

Other Reverent Patrons

- ↳ Dr. P. Manorama, Founder & Project Director, Community Health Education Society
- ↳ Smt. Meenakshi & Smt. Parameswari, Imayam Social Welfare Association
- ↳ Mrs. Revathy Bonns, Principal & Correspondent, Madras Christian College Mat. Hr. Sec. School
- ↳ Mr. Suresh, Manager, Accounts, DESH



Our Thanks

Our Directors

- Mr. Sathya Narayanan, Director, HR
- Dr. Uma Ravikumar, Director Projects

Our Consultants

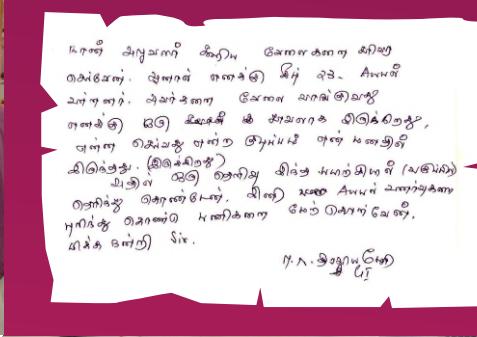
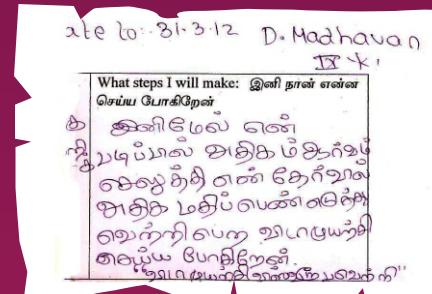
- Ms. Agnes Shanthi
- Shri. Lion Jambulingam
- Mr. A. John
- Mr. S. Kumaraswamy
- Ms. Maria Benno
- Mr. Moses Pakianathan
- Mr. Paranthaman
- Dr. S. Ramakrishnan
- Mrs. Ruth Stanley
- Shri. Surjith Shankar
- Mrs. Prema Kumari

Our Staff

- Mr. Jenith Jebasingh
- Ms. Nancy
- Mr. David Selvanathan
- Ms. Ramya



Feed back sheet/ கருத்தியும் தாள்
What I like most in the sessions @ஒன்றை பழிந்திலில் எனக்கு பிடித்தலை :
<ul style="list-style-type: none"> ✓ pedika ippe than thanthu, ✓ class rambo jollya inruku
Name: <u>STRAGAL</u> Std: <u>XII</u> A/S Date: <u>18/</u>
School: National School



samrakshana
Building younger generation into national resources

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